

#### REPORT FOR THE BOARD OF HEALTH

### Public Health Advisory Council Meeting

Regular meeting of November 28, 2018

# **Committee members present:**

Jeff Clarke, Alderwood Water and Wastewater District
Amy Beth Cook, Lake Stevens School District
Lisa George, PRMCE
Lt. Robert Goetz, Snohomish Regional Drug Task Force
Korey MacKenzie, Diamond Knot Alehouse (Vice Chair)
Kevin O'Brien, Lakes Stevens Fire Dept.
Martha Peppones, Homage Senior Services
Sid Roberts, The Roberts Group (Chair)
Tové Skaftun, Community Health Centers
Jim Welsh, ChildStrive

Guest: Patricia Love, Community Development Director, City of Stanwood

Staff present: Jeff Ketchel, Heather Thomas, Nicole Thomsen, , Linda Carl

The meeting was called to order at 7:47 a.m. Chair Sid Roberts welcomed the PHAC's newest member, Lt. Robert Goetz, and a potential new member, Patricia Love.

#### Motions passed at this meeting:

• Approved minutes of the regular meeting of Sept. 26, 2018.

#### **Briefings**

Update on PHAC governance

Ms. Nicole Thomsen reported that she, the PHAC chair and vice chair, and PHAC members Ms. George, Mr. Welsh have met four times to talk about the purpose of the PHAC and its direction. Discussion amongst the PHAC members included topics such as, who do the members represent, who does the PHAC serve, does the PHAC meet the needs of the Board, what public health issues should the PHAC be aware of or address, how do members communicate with others in their sector, does the PHAC have the same mission/vision as the Health District. The subcommittee will continue to meet to discuss these and related issues further.

Community Health Assessment 2018: Data Walk

PHAC members Ms. Peppones, Ms. George, and Ms. Cook sit on the Data Task Force. The task force has settled on a small suite of public-health-related issues that will be further delved into at three community data walks. The information gathered at the data walks will go back to the task force, then narrowed down to key issues that will be included in the Community Health Improvement Plan (CHIP), which will be developed early next year.

Refill Snohomish

On a recent visit to the U.K., Mr. Jeff Ketchel became aware of "Refill U.K.," which is a countrywide program designed to encourage people to drink more tap water, use less plastic, reduce waste, and increase foot traffic in local businesses. He will provide a more formal presentation at the next meeting.

## **Updates**

## Implementation of NovusAgenda

The new formatting is now available to PHAC members in NovusAgenda's BoardView site. Staff will check to see if personal notes typed into NovusAgenda are public record.

#### Kratom

The Board will consider a resolution at its December meeting asking the legislature to take meaningful action on kratom. Kratom is an opioid that is unregulated; the Medical Examiner has reported four deaths in the county where kratom has been in the deceased's system.

## Foundational Public Health Services

The Board passed a resolution urging the legislature to fund foundational public health services statewide. PHAC members are encouraged to advocate for FPHS by writing op eds, attending legislative action day in Olympia, or inviting staff to give a presentation on FPHS at their organization or place of business.

## Restaurant grading

Staff is looking into a grading system for restaurants similar to the program in King County using "emoji." It would have to include consistent inspections and training. The subject will go to the Board's Program Policy Committee for their input.

## Strategic planning

The previous consultant was let go and the Board will now consider two other potential consultants for the strategic planning process.

#### Information items

Pocket resource guides for overdose prevention were made available; contact Ms. Heather Thomas for more. Ms. George mentioned that there's new legislation for opioid prescribing, and Ms. Skaftun noted that providers are prescribing Suboxone.

#### **Next meeting date:**

January 23, 7:45 a.m.

The meeting was adjourned at 9:17 a.m.