



**Snohomish Health District  
Board of Health Minutes  
January 8, 2019**

The meeting was held at Snohomish Health District, 3020 Rucker Ave., first floor Auditorium.

**Members Present**

Scott Bader, Councilmember, Everett  
Christine Cook, Councilmember, Mukilteo  
Adrienne Fraley-Monillas, Councilmember, Edmonds – BOH Chair  
Kurt Hilt, Councilmember, Lake Stevens  
Sam Low, County Councilmember  
Kyoko Matsumoto Wright, Councilmember, Mountlake Terrace  
Nate Nehring, County Councilmember  
Liam Olsen, Councilmember, Bothell (via phone)  
Dan Rankin, Mayor, Darrington  
Linda Redmon, Councilmember, Snohomish  
Terry Ryan, County Councilmember (via phone)  
Brian Sullivan, County Councilmember  
Shirley Sutton, Councilmember, Lynnwood  
Jeff Vaughan, Councilmember, Marysville  
Stephanie Wright, County Councilmember – BOH Vice Chair

**Members Absent**

None

**Arrival/Departure**

Liam Olsen arrived at 3:15 p.m.

**Call to Order**

The regular meeting of the Board of Health was called to order at 3:05 p.m. by Board Chair Adrienne Fraley-Monillas in the auditorium of the Snohomish Health District Rucker Building.

**Roll Call**

Roll call was taken by Ms. Linda Carl who reported there was a quorum present.

**Approval of Agenda Contents and Order**

It was moved by Ms. Stephanie Wright and seconded by Mr. Scott Bader to approve the agenda contents and order. The motion passed unanimously.

**Approval of Minutes**

Mr. Sam Low stated that on page three of the minutes, in the section regarding the kratom discussion with Dr. Beatty at last month's meeting, Mr. Low's comments were not accurately reflected. He noted there was more discussion among Board members and asked that those be included; specifically, his question as to whether other health officers were recommending this or not. Mr. Low requested the minutes be held over until next month. Mr. Kurt Hilt agreed, adding there was information on why the motion passed but no mention of dissent in the minutes. Chair Fraley-Monillas requested that this item be written word-for-word in the updated minutes.



## **Special Business**

### **Swearing-in of new Board members**

There were no new Board members to swear in.

### **Election of Chair and Vice Chair**

Mr. Sullivan nominated Ms. Stephanie Wright. There were no other nominations. Ms. Wright was chosen Chair of the Board for 2019.

Mr. Low nominated Mr. Kurt Hilt. There were no other nominations. Mr. Hilt was chosen Vice Chair of the Board of 2019.

### **Committee and Committee chair assignments**

Chair Fraley-Monillas asked Board members to email committee preferences within 10 days to Ms. Wright. Ms. Carl will send an email reminder to Board members.

## **Public Comment**

Ms. Bernadette Pajer, resident of Monroe and co-president of Informed Choice WA, asked the Board to support HB 1019, which requires vaccine providers to notify parents of the existing option to check titers for their children. Titer-testing determines if a child is already immune and can therefore skip the vaccination.

## **Division Update**

Ms. Carrie Parker, Outreach and Preparedness Supervisor, spoke about the Healthy Communities division, which encompasses obesity and tobacco prevention, suicide prevention, STD and HIV outreach, youth marijuana, child death review, and opioid outreach and intervention.

## **Written Reports**

Reports are provided in the Board packet.

## **Consent**

It was moved by Mr. Kurt Hilt and seconded by Ms. S. Wright to approve the vouchers and Res. 19-01 authorizing Dec. 2018 expenditures for Health District and PHEPR fund. The motion passed unanimously.

It was moved by Mr. Brian Sullivan and seconded by Mr. Bader to authorize the Administrator to approve payment for the Health Officer's 2019 membership dues for the Snohomish County Medical Society and the American College of Preventative Medicine. The motion passed unanimously.

## **Briefings**

### *Finance Manager's report (SR 19-001)*

Ms. Tracey Kellogg provided financials through October 31. She noted revenues exceeded projections by about 5.7%, partly due to money received in advance from the state in January and July, and expenditures are 2.5% below projections. Fund balance remains strong. Projecting to the end of the year, current estimates show revenues and expenditures under budget. At last month's meeting, a question came up regarding what's being done with insurance money received for the 2015 flood damage. About \$134K of it is still unspent. The Executive Committee recommended using those funds on that specific area of the building once the Rucker Building task force provides recommendations for that area. Since those expenditures are not currently budgeted, staff will come back to the Board with a budget amendment if necessary.

### *Review of Board of Health rules of procedure (SR 19-005)*



In October 2017, the Board adopted a resolution providing for a set of rules of procedure for the conduct of Board business. In the resolution is language saying the rules should be reviewed in January of every odd-numbered year. If there are procedures, rules, or a part of business that should be revised, Mr. Grant Weed, legal counsel, stated that now is the time to address it. The Executive Committee requests that Board members review the rules for discussion at the February Board meeting.

#### *Update on Board members' certification letters*

Mr. Jeff Ketchel reported that Chair Fraley-Monillas, Ms. Matsumoto Wright, Mr. Hilt, and Ms. Cook have been confirmed by their cities for 2019.

#### *Report on Opioid Use Disorder & Opioid Misuse in Snohomish County: Using Capture-Recapture to Estimate the Burden of Disease*

Dr. Mark Beatty presented his Burden of Disease report completed in December. He replicated a CDC method to estimate the total number of people addicted to opioids in Snohomish County based on available data and how many are potentially using and could transition to a substance-abuse problem. "Opioid use disorder" is a diagnostic term used for people who are having a problem with addiction. "Misuse" means using any illicit drug, even once, but not necessarily having a problem with addiction, or using prescription medications in ways they weren't prescribed. Dr. Beatty employed the "capture-recapture" method to estimate that there are 1,400 emergency room visits annually for opioid-related overdoses in the county, and about 5,600 residents with opioid use disorder. Based on this, the Health District estimates the range of residents in the county with opioid use disorder is likely between 5,000 and 10,000, and the range for people misusing opioids is likely between 35,000 and 80,000. With this information we can look at the landscape of treatment options available and determine where we need to fill in the gaps.

The report will now be made available to Health District partners. The Board is encouraged to contact Dr. Beatty with questions. The next Chair of the Board will work with staff on next steps.

#### *Snohomish County Health Leadership Coalition (SR 19-006)*

Mr. Jeff Ketchel reported that the coalition was started in 2013 and is a coalition of representatives from local nonprofits, government, healthcare, and other entities to improve the health of our community and reduce the cost of health insurance to employers. It was housed at the Providence Institute for Healthy Communities until the end of 2018. The YMCA remains the fiscal sponsor. The coalition approached the Health District in late 2018 about potentially serving as the new backbone agency. Mr. Sullivan noted that this has been a discussion among the Executive Committee members. Yesterday, the Health District submitted several questions to the coalition that were posed by legal counsel Grant Weed. This item will be on the next Executive Committee agenda and the February Board agenda.

#### **Executive Session**

Chair Fraley-Monillas announced that the Board will convene into executive session for the purpose of pending litigation (RCW 42.30.110(1)(ii)). She stated that executive session is expected to last ten minutes and the Board is not expected to take action. The Board reconvened at 4:12 p.m.

#### **Administrator's Report**

Mr. Ketchel reported that the governor included \$22M in his budget for foundational public health services as base budget money; the FPHS request to the governor was \$296M. The Health District will likely receive what we received last biennium – \$437,000 per year. Local health jurisdictions, Tribal Health, and the State Board of Health have agreed to ask for \$100M in the biennium for FPHS gaps throughout the state.



Mr. Ketchel stated that the only thing being impacted in public health due to the partial government shutdown is the WIC program; however, WIC is funded through March at the state level.

Mr. Ketchel presented Chair Fraley-Monillas with flowers for her two years of service as Chair of the Board.

**Health Officer's Report**

Dr. Mark Beatty was invited by the Dean of School of Public Health at the University of Washington to become an adjunct professor.

**Information Items**

Chair Fraley-Monillas reviewed the list of upcoming meetings.

**Adjournment**

The meeting was adjourned at 4:20 p.m.

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Adrienne Fraley-Monillas, Chair

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Jefferson Ketchel, Administrator / Secretary