



Connecting Organizations to Accelerate Solutions for High Priority Health Issues

Food Security:

- First LiveHealthy2020 Community Health Accelerator
- Includes team members from 16 organizations taking actions to measurably improve the impact and reach of programs focused on emergency feeding, healthy food backpacks, food distribution systems and farm-to-school gardens.
- Team's vision: "All Snohomish County residents are enjoying nutritious food daily with enhanced self-sufficiency"
- This team co-created a results-driven process that is being used to guide all community health accelerator efforts.
- Please contact Cynthia Eichner for more information and to join this team -360.770.5388 or <u>ceichner@snocohealth.org</u>

Adult Nutrition Education:

- Championed by the Verdant Health Commission and Puget Sound Kidney Centers,
- Created a cost-neutral model that places dietitians in primary care offices in Snohomish County to provide evidence-based nutritional programs that help people manage and prevent chronic diseases.
- Efforts are also underway to engage with community-based organizations to offer dietitian-facilitated adult nutrition education classes at non-medical locations in the county.
- Contact Cynthia Eichner for more information and to join this team 360.770.5388
 or ceichner@snocohealth.org

Building Places for People:

- Co-Championed by the City of Lynnwood and the Snohomish Health District.
- Launched on November 17 with a focus on creating "walkable communities."
- Next meeting is November 6, 2018 to seek ways to accelerate health equity by building more people-centric, socially connected areas with better walking, biking, learning and playing opportunities throughout the county.
- Contact Tina Roth for more information 425.261.3344 or troth@snocohealth.org

Building a Restorative and Trauma-Informed Community:

- Co-Championed by ChildStrive and Snohomish County Human Services
- This team is focused on increasing the number of organizations in different sectors committing to integrate restorative trauma-informed approaches into their policies, procedures and program design
- Contact Tina Roth for more information or to be a member of this team 425.261.3344
 or troth@snocohealth.org

Mental Health First Aid:

- Co-Championed by Compass Health
- This team will be focused on increasing the number of organizations in different sectors being trained in Mental Health First Aid
- Contact Tina Roth for more information 425.261.3344 or troth@snocohealth.org







