

REPORT FOR THE BOARD OF HEALTH
Public Health Advisory Council Meeting

Regular meeting of July 24, 2019

Committee members present:

Jason Biermann, Snoh. County DEM
Jeff Clarke, Alderwood Water and Wastewater District
Lisa George, PRMCE
Robert Goetz, Snoh. Regional Drug Task Force
Brent Hackney, Brent Hackney Designs
Lark Kesterke, United Way
Midori Larrabee, EvergreenHealth Monroe
Patricia Love, City of Stanwood
Sid Roberts, The Roberts Group (Chair)
Tové Skaftun, Community Health Centers
Jim Welsh, ChildStrive

Staff present: Shawn Frederick, Nicole Thomsen, Linda Carl

The meeting was called to order at 7:48 a.m.

Motions passed at this meeting:

- Approved minutes of the regular meeting of May 22, 2019.

Updates

Health District Leadership

Board of Health Chair Stephanie Wright attended the first part of the meeting. She thanked the council for their involvement and encouraged a two-way communication between the PHAC and the Board to ensure community input. She invited PHAC members to attend Board meetings as well committee meetings, which have more opportunity for interaction. She reported that three members of the Board are working to finalize the division of responsibilities and will gather additional input from the full Board soon. As it stands now, the division of responsibilities gives the health officer more responsibility for public and community engagement. Ms. Wright stated that once the new job descriptions are approved by the Board, the hiring process for a new health officer will begin. Once the health officer is in place, then hiring for the new administrative officer will begin, with the health officer's input. She reiterated that she appreciates the PHAC and its engagement with the Board. Ms. Nicole Thomsen invited her and all Board members to attend PHAC meetings anytime.

Strategic Planning

The District's strategic planning consultants, KelloggWatson, have met with several stakeholders, including District leadership, Snohomish County Cities, and the PHAC. They'll provide a brief update to the Board's Executive Committee today. On August 13 a work session is scheduled with the Board, after which KelloggWatson will start framing documents based on the Board's direction.

Briefings

Public Health and Trauma

Ms. Thomsen began the discussion by explaining that “trauma informed” is a broad umbrella that looks at relationships and how we choose to interact with others. Every individual has a story that includes traumatic events, which are defined as ACEs (adverse childhood experiences). The three types of ACEs are abuse, neglect, and household dysfunction. There’s also a second level of ACEs that focuses on gender, racial, and economic equity. ACEs play a big role in preventing people from reaching their full potential.

Next meeting: Wednesday, Sept. 25, 7:45 a.m.

The meeting adjourned at 9:14 a.m.