



**Snohomish Health District  
Board of Health Minutes  
August 13, 2019**

The meeting was held at Snohomish Health District, 3020 Rucker Ave., first floor Auditorium.

**Members Present**

Scott Bader, Councilmember, Everett  
Adrienne Fraley-Monillas, Councilmember, Edmonds  
Sam Low, County Councilmember (via phone)  
Kyoko Matsumoto Wright, Mayor, Mountlake Terrace  
Nate Nehring, County Councilmember  
Liam Olsen, Councilmember, Bothell  
Dan Rankin, Mayor, Darrington  
Linda Redmon, Councilmember, Snohomish  
Terry Ryan, County Councilmember (via phone)  
Brian Sullivan, County Councilmember  
Jeff Vaughan, Councilmember, Marysville  
Stephanie Wright, County Councilmember – BOH Chair

**Members Absent**

Christine Cook, Councilmember, Mukilteo  
Kurt Hilt, Councilmember, Lake Stevens – BOH Vice Chair  
Shirley Sutton, Councilmember, Lynnwood

**Call to Order**

The regular meeting of the Board of Health was called to order at 3:07 p.m. by Chair Stephanie Wright in the auditorium of the Snohomish Health District Rucker Building.

**Roll Call**

Roll call was taken by Ms. Linda Carl who reported there was a quorum present.

**Approval of Agenda Contents and Order**

Staff requested to add SR 19-091 under Action regarding authorization to submit an application/proposal for the Cross-Sector Innovation Initiative (CSII) grant opportunity.

It was moved by Ms. Linda Redmon and seconded by Ms. Adrienne Fraley-Monillas to amend the agenda to add SR 19-091. The motion passed unanimously.

It was moved by Mr. Brian Sullivan and seconded by Ms. Fraley-Monillas to approve the agenda contents and order with the addition of one action item. The motion passed unanimously.

**Approval of Minutes**

It was moved by Mr. Sullivan and seconded by Ms. Fraley-Monillas to approve the minutes of the regular meeting of July 9, 2019. The motion passed unanimously.

**Public Comment**

There were no volunteers to speak during public comment. Public comment was closed.



## Written Reports

Committee reports are provided in the Board packet.

## Consent

It was moved by Ms. Fraley-Monillas and seconded by Mr. Sullivan to approve the following consent agenda items:

- a. Approve vouchers and Res. 19-18 authorizing July 2019 expenditures for the Health District and PHEPR fund
- b. Authorize the Interim Administrator to approve recruitment of a 1.0 FTE Program Assistant 1 position to fill a budgeted, vacant position
- c. Authorize the Interim Administrator to approve recruitment of a 0.70 FTE Behavioral Health Specialist to fill a budgeted, vacant position
- d. Authorize the Interim Administrator to approve recruitment of a 1.0 FTE Environmental Health Specialist III to fill a budgeted, vacant position
- e. Authorize the Interim Administrator to approve recruitment of a 1.0 FTE Environmental Health Specialist I/II to fill a budgeted, vacant position

The motion passed unanimously.

## Briefings

*Finance Manager's report for May 2019 (SR 19-086)*

Ms. Tracey Kellogg was not present to give the report.

*Narcan funding and coordination in the county (no staff report)*

Ms. Fraley-Monillas reported that the Edmonds police chief recently received an email from the County stating that as of Dec. 31 there will no longer be funding to provide police departments with Narcan. Narcan is about \$75 per kit, and Edmonds police officers carry two kits in their vehicles. There will no longer be an organization that will coordinate the program and provide training. Ms. Fraley-Monillas asked the Board if there's anything we can do as an organization. Ms. Heather Thomas added that Snohomish County Human Services had started the program through a HIDTA grant. The topic was discussed at last week's MAC meeting, including if there are other funding streams. District staff reached out to the Department of Health regarding their new Narcan distribution program for "leave-behind" kits. Staff connected DOH with the Snohomish County jail so that an inmate being released can be provided Narcan upon release, and EMS so first responders can leave behind a kit if someone refuses treatment. However, through this program, Narcan can't be funded for first responders to use it directly on a patient. Ms. Thomas and Mr. Shawn Frederick are meeting with a representative from Sen. Maria Cantwell's office tomorrow to talk about grants and stipulations tied to funding. Ms. Thomas also researched expiration dates for dosages; doses typically expire by 12 to 18 months, depending on the formulation. Ms. Fraley-Monillas is concerned for smaller cities that don't have funding available for Narcan; police departments aren't set up to monitor medications, particularly those with expiration dates. She would like to see the process centralized. Chair Wright recommended that staff reach out to the Snohomish County Human Services department and to Sen. Cantwell's office, then add this topic as an agenda item to the next Executive Committee meeting as a briefing. Ms. Thomas added that she received a call from The Everett Herald on this topic and encourages Board members to let others know we're proactively working with community partners to find a solution. Mr. Sullivan asked what the cost is. Ms. Thomas indicated that we don't have information on the funding amount from the County. Ms. Fraley-Monillas believes the cost for Narcan is about \$10,000-\$15,000/year for the city of Edmonds. Mr. Rankin asked who pays for the leave-behind. Ms. Thomas stated that DOH received some funding to build more distribution networks. At that time (about eight months ago), Dr. Beatty didn't feel the Health District could be a distribution point, but we connected DOH to the jail and to South County Fire. They have a built-in medical directors, which



is a requirement of the grant; this funding helped supplement what they were already doing with naloxone. Each entity can determine if they want to provide leave-behinds, but the grant from DOH won't cover naloxone for officers to provide on-scene. The State health officer is implementing a standing order for all pharmacies in the state to provide a naloxone prescription under her authority. The prescription can be run through private insurance, and it's free under Apple Health or Medicaid.

### Action Items

**Authorize the Interim Administrator to approve application for the Cross-Sector Innovation Initiative funding opportunity offered by The Public Health National Center for Innovations and the Center for Sharing Public Health Services, with support from the Robert Wood Johnson Foundation (SR 19-091)**  
[added to the agenda at the beginning of the meeting]

Ms. Thomas stated that the Health District was notified of this grant by the Kresge Foundation, which targeted partners focused on cross-jurisdictional or cross-sector sharing. The grant is with The Public Health National Center for Innovations and the Center for Sharing Public Health Services, and up to \$150,000 for two years. It's focused on cross-sector partnerships that help to promote chronic disease and system change. Staff will write a proposal for the grant to do a CHIP on suicide prevention, a key priority we've identified. The first part of the proposal is due Sept. 5 and, if short-listed, the final application process is due Oct. 17. Funding starts Jan. 1, 2020. If we receive the grant, it won't require additional staffing.

It was moved by Ms. Kyoko Matsumoto Wright and seconded by Mr. Sullivan to authorize the Interim Administrator to approve application for the Cross-Sector Innovation Initiative funding opportunity offered by The Public Health National Center for Innovations and the Center for Sharing Public Health Services, with support from the Robert Wood Johnson Foundation. The motion passed unanimously.

### Executive Session

The Board convened into Executive Session for the purposes of:

- A personnel matter pursuant to RCW 42.30.110(1)(g)
- A real estate matter pursuant to RCW 42.30.110(1)(c).

Executive Session is expected to last up to 20 minutes, unless extended. The Chair announced the Board will reconvene into regular session at 3:47 p.m. and may or may not take action. The Board announced a ten-minute extension and a five-minute extension. The Board reconvened at 4:05 p.m. and took no action.

### Interim Administrator's Report

Mr. Frederick thanked the Board members who attended today's strategic-planning work session. One of the things required of the 2019 budget is a performance audit. Moss Adams was selected to perform the audit; they're invited to the next Executive Committee meeting to discuss the scope of work and get final contracting pricing to bring to the full Board for approval. Lastly, budget work is ongoing with the budget ad hoc committee; staff continues to investigate how we went from a zero budget last year to a \$1.7M deficit this year. The 2019 budget amendments will go through committee this month. Staff is building forecasting models similar to what the Board sees in municipal budgets, going back to 2006 to understand revenue and expenditure trends to provide the most accurate information possible.

### Interim Health Officer's Report

Dr. Chris Spitters thanked the Board for their support of his role in the TB program and his interim role. In the area of TB control, Dr. Spitters updated the Board on a recent case of a patient initially resistant to cooperating with the District; she was compelled by the court to cooperate and was taken to a local healthcare facility where treatment started. She is now in District-subsidized emergency housing in isolation and in treatment and



is now cooperating. There are three other complicated TB cases out of 18 total active cases. One case requires extensive follow-up with us and Harborview Medical Center due to overseas surgery that requires revision. Another is experiencing serious financial problems; the District is helping that patient to meet minimal obligations. The last complicated case is an extremely rare case of a baby contracting TB from the mother in utero. The baby is expected to come home from Children's Hospital this week.

The last confirmed case of measles was in King County about a month ago. We're generally "out of the woods" two months after the last case was identified. Our one and only case in Snohomish County related to this outbreak was in May. However, there may be another possible case identified in King County as of yesterday. The primary exposure sites were SeaTac airport and Children's Hospital. Our response was to follow-up with the identified exposed people who are susceptible (not vaccinated) and do symptom/fever watch; if they develop measles we can get them diagnosed and isolated immediately. There are no current active watches. We continue to promote vaccinations within the community.

There's a regional Hepatitis A outbreak, as well as nationwide associated with homelessness. In our regional outbreak there are 14 cases, 11 hospitalizations, no deaths. The cases are primarily in Spokane and King County; Snohomish County had one case. The primary risk factors are homelessness and drug-injection (both linked to poor hygiene) – although drug injection itself is not a vehicle for transmission. Prevention is focused on identifying people in those high-risk groups and getting them vaccinated. We're working with the State to acquire vaccines, as well as Mercy Watch, which works with homeless people and other disadvantaged populations, to administer those vaccines.

#### **Information Items**

Chair Wright reviewed upcoming meetings. She thanked Board members and staff for attending today's strategic planning work session.

#### **Adjournment**

The meeting was adjourned at 4:19 p.m.

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Stephanie Wright, Chair

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Shawn Frederick, Interim Administrator / Secretary